



Hawk's Eye

Weekly News from Hope Elementary School

hes.fivetowns.net

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[Hope Elementary School Facebook](#)



Upcoming Events for Your Calendar

April 15th - Early Release (11:30AM) for staff & students
April 18th - 22nd - No school (Spring Break)
April 19th - HES School Committee meeting (6PM at HES)
May 5th - Early release (11:30AM) for Parent/Teacher Conferences
May 27th - No school (teacher workshop day)
May 30th - No school (Memorial Day)
June 16th - Last day of Pre-K
June 20th - No school (Juneteenth)
June 24th - Last day of school (with 5 snow days used)

***"It's not in doing
what you like, but in
liking what you do
that is the secret of
happiness."***

~J.M. Barrie

HOPE RESIDENTS! SIGN UP FOR FALL 2022 KINDERGARTEN [HERE](#):

Congratulations and good luck to seventh grader James K. who will be representing Hope Elementary School at International Academic Competition's Geography Bee in the Boston area on April 2.

Creative Writing Club is Back!

First session is for elementary students in grades 2-5.

After school on Fridays from 1:45 - 2:45 PM:



join Mrs. Walsh to explore creative writing each Friday. We will work on stories, learn about character development, graphic novel creation, poetry, and other forms of writing. Sign up with Mrs. Walsh in the library or parents can email liza.walsh@fivetowns.net to reserve a spot. Club is limited to 12 students. Elementary (grades 2-5) 4-week session will be held April 1, April 8, April 22, and April 29

RESERVATIONS ARE REQUIRED! Thank you!

Gulf of Maine Research Institute

5th & 6th grades made a trip to the Gulf of Maine Research Institute in Portland last week.

GMRI is an objective nonprofit organization dedicated to the resilience of the Gulf of Maine ecosystem and the communities that depend on it. Their interdisciplinary approach combines world-class marine research with robust community and education programming to understand how natural, social, and economic systems interact.



Dear SU 69 Families and Staff:

While we are very grateful to Drs. Kloby, Yeatman and Leichty as well as our school nurses for their willingness to volunteer their time, we have decided to cancel the Panel Discussion originally scheduled for the evening of Wednesday, March 30th.

We did receive many more responses after the last email sent out and we thank all of you who took the time to post questions and let us know whether or not you could attend the panel.

In the end, 80% of the respondents said they would not attend the panel and the number of people who said they could attend was under 10 total. While we are sorry to disappoint those people who said they would come, it does not appear we have enough interest in the panel to hold the discussion. The principals, nurses and I will carefully review your questions and create a Q&A document that we will share with the entire school community. Hopefully, this document will be a resource for you as we continue to manage the impact COVID 19 has on our school operations.

Best,

Kate Clark
Superintendent

Third Grade Skating Program

Third graders had a blast learning how to ice skate at the MRC. We spent three sessions learning and strengthening our skating skills. Thank you to the MRC coaches for helping to build our confidence on the ice!



BASEBALL AND SOFTBALL



Registration is now open for softball and baseball. This is offered to students in grades 6-8. Both teams are combined HAL teams, Hope, Appleton, and Lincolnville. Softball is hosted at Hope and baseball is hosted at Lincolnville. Ben Laukka is coaching softball, and we are still looking for a baseball coach. Let us know if you or someone you know is interested.

To register for baseball:

http://lcssports.sportsoffice.com/sport.php?level_id=1&org_id=42&sport_id=111

To register for softball:

https://orgsites.sportsoffice.com/sport.php?level_id=1&org_id=26&sport_id=381



HES MENU for March 28th - April 1st

This institution is an equal opportunity provider.

- ☐ **Monday (3/28):** Blueberry Muffins & Cheese Stick (Breakfast)
Popcorn Chicken with Tater Tots (Lunch)
- ☐ **Tuesday (3/29):** Cereal (Breakfast)
Meatloaf with Corn and Sweet Potato Fries (Lunch)
- ☐ **Wednesday (3/30):** Yogurt Parfait with granola (Breakfast)
Ham & Cheese Stromboli (Lunch)
- ☐ **Thursday (3/31):** Fruit Smoothies (Breakfast)
Crispy Chicken Sandwich with Goldfish Crackers (Lunch)
- ☐ **Friday (4/1):** Cereal (Breakfast)
Cheese Pizza (Lunch)

ALL MEALS ARE FREE FOR STUDENTS

Breakfast includes protein, fruit, whole grain and milk.

Lunch options include a choice of salad, bagel or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Hannaford Helps Schools



The Hannaford Helps Schools program is running now through May 28th. If you shop at Hannaford look for over 1,500 items marked "Hannaford Helps Schools". At checkout, the cashier will present you with a "School Dollars Receipt" to be dropped in the tower at the front of the Camden store (or if you shop at another location send the slip to the school office). This is a great way to raise funds for HES.



Hello HES Community,

It feels like spring has sprung and with that so have a few other things.

As masks have become optional at HES, we have seen an increase in common cold activity, as well as allergies and gastrointestinal illness. Please see the COVID guidelines below that are still required by the Maine CDC to be followed in Maine schools.

If your child has tested negative for Covid and is still showing multiple upper respiratory symptoms (cough, sneezing, runny nose, congestion, etc.) they can return to school when symptoms have resolved.

If your child starts showing symptoms during the school day, the school has the ability to perform a BiNax Now Covid-19 antigen test, which may allow your child to stay in school. If you have not given consent for rapid antigen testing and would like to, please reach out to me for a consent form to be sent home. Also, those wishing to participate in pooled testing can reach out as well.

If your child tests positive for Covid-19, they must isolate at home for 5 days. Upon return they will need to go directly to the Health Office to check in and must wear a mask for days 6 - 10. If they are feeling unwell, please keep them home and we can re-evaluate their return on a day-to-day basis.

As always, thank you for helping in keeping our community safe. We are not out of the woods yet, but we can help each other stay on the path.

Be well,
Reagan
HES Nurse

HOPE ELEMENTARY SCHOOL COVID-19 GUIDELINES

YOUR CHILD NEEDS TO STAY HOME OR WILL BE SENT HOME IF THEY HAVE:

ONE OF THE FOLLOWING MAJOR SYMPTOMS

FEVER
LOSS OF TASTE OF SMELL
SORE THROAT
NEW COUGH
SHORTNESS OF BREATH
DIFFICULTY BREATHING

OR

TWO OF THE FOLLOWING MINOR SYMPTOMS

HEADACHE
BODY ACHES
RUNNY NOSE/CONGESTION
CHILLS
NAUSEA/VOMITING
DIARRHEA

If your child falls in either category, despite Covid-19 vaccination status, call your primary care doctor for further instructions.

In order to return to school **ONE** of the following criteria must be met:

1. A negative Covid-19 test, or
2. A note from your child's health care provider, or
3. A 5 - day quarantine from the onset of symptoms (day of symptoms starting is day zero, count 5 days and your child can return). Your child will need to wear a mask for days 6-10.

Guidelines are based on the Maine AAP, Maine DOE, and federal CDC guidance. To review visit:

<https://www.maine.gov/doe/covid-19/toolkit>

Little League Baseball and Softball Registration Is NOW OPEN!



Five Town Little League registration for the 2022 season is now open for all players ages 5 – 12!

Parent volunteers are also needed for all divisions. Please visit the FTLL website today to sign up for the season as well as the below March and April clinics at the PITCH, baseball/softball evaluations and parent volunteer positions.

Please note that signing up for the clinics and/or evaluations will NOT register your player for the season, that must be done separately.

REGISTER FOR CLINICS, EVALUATIONS AND THE 2022 SEASON TODAY AT: <http://ftll.sportsoffice.com/>

Baseball clinics and evaluations at the PITCH:

3/12 - 12:30 - 1:30pm (7 to 9 year old clinic)
3/12 - 1:30 - 2:30pm (10 to 12 year old clinic)
3/19 - 12:30 - 1:30pm (7 to 9 year old clinic)
3/19 - 1:30 - 2:30pm (10 to 12 year old clinic)
3/29 - 5:30 - 7:00pm (9 to 12 year old clinic)
4/9 - 2:00 - 5:00pm EVALUATIONS (9 to 12 year olds only)

Softball clinics and evaluations at the PITCH:

3/15 - 5:30 - 7:00pm (10 to 12 year old clinic)
3/22 - 5:30 - 7:00pm (7 to 9 year old clinic)
3/26 - 12:30 - 2:30pm (10 to 12 year old clinic)
4/10 - 2:00 - 3:00pm (7 to 9 year old clinic)
4/10 - 3:00 - 5:00pm EVALUATIONS (9 to 12 year olds only)



Please email mainefivetownlittleleague@gmail.com with any questions.
You can also follow us on Facebook at Five Town Little League.
Let's play ball!

LACROSSE

**The first 4 weeks of Pen-Bay practices
are Indoor @ The Pitch grades 3-8**

Boys: Mon 5-6pm - Dates: April 4*, 11, 18, 25

*** Only on April 4th: 7/8 grade boys go 6-7pm**

Girls: Wed 5-6pm - Dates: April 6, 13, 20, 27

After the 4 weeks inside every one will move outside

Sign-up at the Pitch or online: <http://www.maineitch.com/lacrosse/>



**Windjammer
BASKETBALL
CAMP**

For Players entering grades 2-9

JULY 18-22
9:30-11:30, 12:30-2:30
younger players/older players

**At Camden Hills Regional
High School**

**Hosted
By CHRHS
Coaches and
Players**

**Questions? Contact Jon Moro at
JON.MORO@FIVETOWNS.NET**

CALL : 207-691-7564

**REGISTRATION
FEE
\$120**



SUMMER 2022!

Explorers Club Day Camp

June 27 - 30

A day camp for rising 2nd - 4th graders

Sea Kayaking, Leadership & Astronomy

July 19 - 23

An overnight expedition for rising 8th & 9th graders

Best of the Midcoast

Aug. 1 - 4

An adventure day camp for rising 5th - 7th graders

Western Maine Canoeing & Leadership Expedition

An overnight expedition for rising 9th - 11th graders

Aug. 7 - 12



www.mountainseaexp.com



Girls on the Run is for **EVERY** girl.



Girls on the Run is an afterschool program like no other!

Twice per week for 10 weeks, girls will have fun, make friends, increase their physical activity levels and learn important life skills. Trained and caring coaches lead 3rd - 5th-grade girls through interactive lessons and movement activities. The season ends with a celebratory 5K event.



Why it matters It's fun. It's effective.

Participating in Girls on the Run transforms girls' lives by helping them increase their self-confidence, develop healthy relationships, and feel good about themselves, inside and out.



Girls who were the least active at the start of the program increased their physical activity by more than 40%*



97% of participants said they learned critical skills to manage emotions, resolve conflict, help others or make intentional decisions*

*Results based on a independent study conducted by Positive Youth Development expert Maureen R. Weiss, Ph.D.

SEASON DETAILS

Registration Opens: **2/7/2022**

Program Starts: **4/5/2022**

Program Fee: **\$150**

Financial Assistance is available

Virtual Practice Days & Times:

Tuesday & Thursday 4:00 - 5:30 PM

Contact: Adam Kohlstrom

akohlstrom@gmail.com

Learn more and register today at www.girlsontherunmaine.org

GIRLS ON THE RUN SPRING 2022



Harbor Park
Camden

Tues & Thurs
4:00-5:30pm

April 5 - June 5

Registration is Open Now!

register here →

www.girlsontherunmaine.org